



# 5. Memoriał Zbigniewa Ludwichowskiego

OLSZTYN, 08 sierpnia/August 2025



## Start list

### 400m W / K

WORLD RECORD(Open)	<b>47.60</b>	KOCH Marita	GDR	Canberra (AUS)	1985-10-06
EUROPEAN RECORD(Open)	<b>47.60</b>	KOCH Marita	GDR	Canberra (AUS)	1985-10-06
POLISH RECORD(Open)	<b>48.90</b>	KACZMAREK Natalia	KS Podlasie Białystok	London (GBR)	2024-07-20
Min. WCH(Open)	<b>50.75</b>			Tokyo (JPN)	2025-09-13
MEETING RECORD(Open)	<b>55.53</b>	LÄCHEL Susane	POLAND	Olsztyn	2021-08-31

Lane	Bib	Athlete	Birth	Club/Country	PB	2025
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### Heat A/1

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1	881	Aleksandra BELOWSKA	2002-05-19	POLAND (POL)	54.55/24	55.67
2	882	Aleksandra WOJEŃSKA	2008-05-14	POLAND (POL)	56.25/25	56.25
3	883	Izabela SMOLIŃSKA	1999-01-14	POLAND (POL)	52.50/22	53.62
4	884	Candice MCLEOD	1996-11-15	JAMAICA (JAM)	49.51/21	51.92
<i>2 World Championships Silvers 4x400m 2022, 2023, 4 x 400m Olympic Bronze Medallist 2021, 400m 5th at Olympic Games 400m 7th at World Championships 2023, 400m 7th at World Championships 2022</i>						
5	885	Lada VONDROVA	1999-01-01	CZECHIA (CZE)	50.92/23	51.50
<i>4 x 400m Mixed relay World Championships Bronze Medallist 2023, 4 x 400m European Indoor Bronze Medallist 2023, 400m European U23 Champion 2021, 4 x 400m European U23 Champion 2022</i>						
6	886	Leni SHIDA	1994-05-22	UGANDA (UGA)	50.93/25	50.93
7	887	Alicja WRONA-KUTRZEPA	1996-01-11	POLAND (POL)	51.39/25	51.39
<i>4 x 400m European Indoor Bronze Medallist 2023, 4 x 400m 6th at World Championships 2022, 4 x 400m Mixed relay 7th at Olympic Games 2020</i>						
8	888	Modesta MORAUSKAITĖ	1995-10-02	LITHUANIA (LTU)	50.49/22	52.30

### TOP 10- POLSKA / POLAND (2025-08-08)

1	BUKOWIECKA Natalia	KS Podlasie Białystok	<b>49.72</b>	2025-07-1	Monaco (MON)
2	ŚWIĘTY-ERSETIC Justyna	KS AZS AWF Katowice	<b>51.29</b>	2025-05-2	Chorzów
3	GRYC Anna	KS AZS AWF Warszawa	<b>51.30</b>	2025-07-0	Poznań
4	WRONA-KUTRZEPA Alicja	AZS UMCS Lublin	<b>51.39</b>	2025-07-0	Poznań
5	FORMELLA Aleksandra	SKLA Sopot	<b>51.73</b>	2025-07-0	Poznań
6	BARTNOWSKA Weronika	KS AZS AWF Warszawa	<b>51.89</b>	2025-07-0	Poznań
7	KUŚ Anastazja	KS AZS UWM Olsztyn	<b>52.01</b>	2025-07-2	Wrocław
8	ŁOZOWSKA Karolina	KS AZS AWF Warszawa	<b>52.77</b>	2025-06-1	Sopot
9	GACKA Kinga	BKS Bydgoszcz	<b>52.86</b>	2025-05-3	Bydgoszcz
10	KORCZUK Natalia	KS AZS AWF Wrocław	<b>53.25</b>	2025-06-2	Jelenia Góra

### TOP 10 ŚWIAT/WORLD (25-08-08)

1	Salwa Eid Naser	BRN	<b>48.67</b>	5 Apr	Kingston
2	Marileidy Paulino	DOM	<b>48.81</b>	20 Jun	Paris
3	Sydney McLaughlin-Levrone	USA	<b>48.90</b>	2 Aug	Eugene OR
4	Aaliyah Butler	USA	<b>49.09</b>	11 Jul	Monaco
5	Gabby Thomas	USA	<b>49.14</b>	5 Apr	Kingston
6	Femke Bol	NED	<b>49.48</b>	27 Jun	Madrid
7	Isabella Whittaker	USA	<b>49.58</b>	12 Jun	Oslo
8	Henriette Jæger	NOR	<b>49.62</b>	12 Jun	Oslo
9	Nickisha Pryce	JAM	<b>49.63</b>	11 Jul	Monaco
10	Dejanae Oakley	JAM	<b>49.65</b>	14 Jun	Eugene OR

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PB-personal best, SB-season best, NR-National Record, ER-European Record, WR-World Record

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